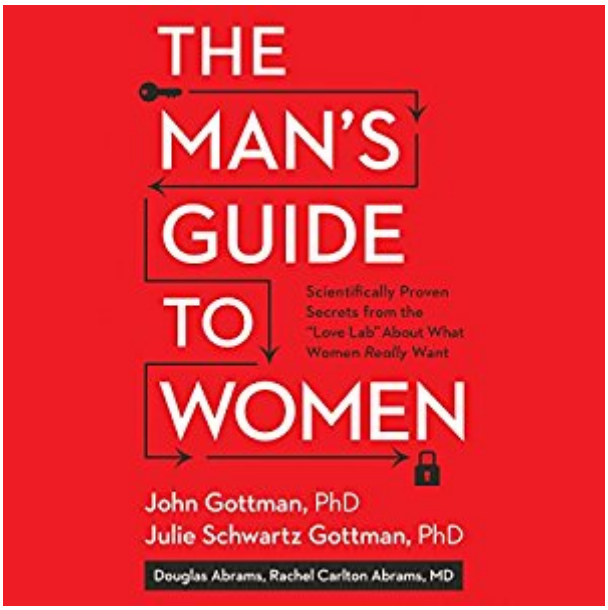
Ebook Directory
the best source of ebook

The book was found

The Man's Guide To Women: Scientifically Proven Secrets From The "Love Lab" About What Women Really WantÃ‚Â



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

A great "philosopher" once said, "Trying to understand women is like trying to smell the color nine." But the fact is, men can understand women to their great benefit. All they need is the right teacher. And, arguably, there is no better teacher than John Gottman, PhD, a world-renowned relationships researcher and author of the best-selling 7 Principles of Making Marriage Work. His new book, written with wife Julie Gottman, a clinical psychologist; Doug Abrams; and Rachel Carlton Abrams, MD, is based on 40 years of scientific study, much of it gleaned from the Gottmans' popular couples' workshops and the "love lab" at the University of Washington. It's written primarily for men because new research suggests that it is the man in a relationship who wields the most influence to make it great or screw it up beyond repair. The Man's Guide to Women offers the science-based answers to the question: What do women really want in men? The book explains the hallmarks of manhood that most women find attractive and helps men hone those skills to be the men women desire.

Book Information

Audible Audio Edition
Listening Length: 5 hoursÃ Â andÃ Â 28 minutes
Program Type: Audiobook
Version: Unabridged
Publisher: Audible Studios
Audible.com Release Date: February 2, 2016
Language: English
ASIN: B019P7DB1I
Best Sellers Rank: #7 inÃ Â Books > Audible Audiobooks > Health, Mind & Body > Sexuality #50 inÃ Â Books > Health, Fitness & Dieting > Sexual Health > General #52 inÃ Â Books > Medical Books > Psychology > Sexuality

Customer Reviews

I bought this book because I am a woman in a destroyed marriage trying to understand my probably soon-to-be ex-husband better. IÃƒÂ¢Ã â ¬Ã â„¢m a scientist and a feminist ÃƒÂ¢Ã â ¬Ã â œ someone who would instinctively cringe at a title like ÃƒÂ¢Ã â ¬Ã Å“The ManÃƒÂ¢Ã â ¬Ã â„¢s Guide to Women.ÃƒÂ¢Ã â ¬Ã Â• I bought it mainly because I had read GottmanÃƒÂ¢Ã â ¬Ã â„¢s other books on communication in relationships and found those well-researched, reasonable, and helpful ÃƒÂ¢Ã â ¬Ã â œ but honestly, I wasnÃƒÂ¢Ã â ¬Ã â„¢t expecting as much with this one. I ended up reading it several times over. I would agree wholeheartedly with

GottmanÃƒÂ¢Ã â ¬Ã â„¢s descriptions of what women want, how women flirt, how women process emotions, how women communicate, and how women feel comforted and loved by their men. The only thing I would disagree with in this book is Gottman's support of "space-maximizing behavior" like manspreading. Noo! Encroaching on my leg space to show your dominance is not attractive, research be damned.On the whole, though, I understand myself better, and I also understand better some deeply painful conflicts IÃƒÂ¢Ã â ¬Ã â„¢ve had with my spouse that are apparently extremely common in heterosexual relationships. I understand my man better. As a woman in a failing marriage whose issues with my husband are highlighted throughout (and it goes both ways ÃƒÂ¢Ã â ¬Ã â œ Gottman correctly identified my husbandÃƒÂ¢Ã â ¬Ã â„¢s complaints about me as the most common issues men have with women), my needs and perspective felt validated in this book. If youÃƒÂ¢Ã â ¬Ã â„¢ve ever been in a failing relationship, you know those self-doubts ÃƒÂ¢Ã â ¬Ã â œ is it mostly me? Am I being unreasonable or crazy asking for this from my partner and my relationship? Ladies, if you are going through a painful and confusing breakup, this is a surprisingly therapeutic book to read, as well as a solid guide on what to look for in your next mate. And men, listen to Gottman. If you have a woman whom you love but youÃƒÂ¢Ã â ¬Ã â„¢re stuck at an impasse in your relationship, put your wall down. Try following GottmanÃƒÂ¢Ã â ¬Ã â„¢s advice for a month or two. You have nothing to lose but so much to gain, even if your situation with this particular woman doesnÃƒÂ¢Ã â ¬Ã â„¢t work out. If youÃƒÂ¢Ã â ¬Ã â„¢re a single man who has read this book and you are this ÃƒÂ¢Ã â ¬Ã Å“heroÃƒÂ¢Ã â ¬Ã Â• Gottman describes, go forth and spread Gottman's recommendations to your male brethren. And if IÃƒÂ¢Ã â ¬Ã â„¢m single in six months, call me!

John Gottman is a well known export on marriage and relationships. This book is a bit simplistic, but is backed by the research and experience of the authors' practices.

It was really interesting to look at the reviews of this book and then read it myself. What's all this bristling about Hero vs. Zero? In the end it seems a shorthand for the emotion a woman must feel when hurt by an insensitive man. Short, sweet, and to the point. This whole book after all is supposedly from the emotional perspective of a woman.Why three stars? Just did not have the feel of a typical Gottman novel so failed to meet my expectations.

Best book I have ever read, explains the crazy species we call woman. I have bought this book as gifts, to many times us men think we have to all figured out and are to hard headed to realize we

don’t. Gottman helps make sense of it all.

Straight forward, humorous, authentic, and real! This book is a must read for all men so they know what the woman in their life wants and needs. And for fellow women, so we don’t ignore what we already know.

A very good book that all young men could benefit from. I got one for myself then one for each of my sons. I wish I would have had it years ago.

Inexpensive and Worth the Price!

I wish I had known the advice here before I lost my best friend making all the mistakes a clueless young man could.They need to incorporate this into social education for young men.

Download to continue reading...

The Man’s Guide to Women: Scientifically Proven Secrets from the "Love Lab" About What Women Really WantÃ Â Healthy at 100: The Scientifically Proven Secrets of the World’s Healthiest and Longest-Lived Peoples The Spectrum: A Scientifically Proven Program to Feel Better, Live Longer, Lose Weight, and Gain Health Be a Better Runner: Real World, Scientifically-proven Training Techniques that Will Dramatically Improve Your Speed, Endurance, and Injury Resistance How Not to Die: Discover the Foods Scientifically Proven to Prevent and Reverse Disease Prevent and Reverse Heart Disease: The Revolutionary, Scientifically Proven, Nutrition-Based Cure Dr. Neal Barnard’s Program for Reversing Diabetes: The Scientifically Proven System for Reversing Diabetes Without Drugs The Ketogenic Diet: A Scientifically Proven Approach to Fast, Healthy Weight Loss KETOGENIC Diet: 500 High-Fat Diet Recipes, The Rapid Weight-Loss Solution, Scientifically Proven, Low-Carb, Fat-Burning Machine The Oxygen Advantage: Simple, Scientifically Proven Breathing Techniques to Help You Become Healthier, Slimmer, Faster, and Fitter Reclaim Your Life from IBS: A Scientifically Proven Plan for Relief without Restrictive Diets 7 Steps to Health: Scientifically proven methods to help you stop, reverse, and even cure disease without the use of drugs, pills or surgery. Dr. Dean Ornish’s Program for Reversing Heart Disease: The Only System Scientifically Proven to Reverse Heart Disease Without Drugs or Surgery The High Blood Pressure Solution: A Scientifically Proven Program for Preventing Strokes and Heart Disease The testosterone book. How to increase your testosterone 100% naturally: The truth about what works to increase your testosterone. Scientifically proven, with the most in-depth research. Summary of How

Not to Die by Michael Greger: Discover the Foods Scientifically Proven to Prevent and Reverse Disease Yes!: 50 Scientifically Proven Ways to Be Persuasive The Oxygen Advantage: The Simple, Scientifically Proven Breathing Techniques for a Healthier, Slimmer, Faster, and Fitter You Stick with It: A Scientifically Proven Process for Changing Your Life-for Good Natural Solutions for Food Allergies and Food Intolerances: Scientifically Proven Remedies for Food Sensitivities

Contact Us

DMCA

Privacy

FAQ & Help